

CULTURE, ARTS, TOURISM, HOSPITALITY & SPORT SECTOR EDUCATION AND TRAINING AUTHORITY

EXTERNAL INTEGRATED SUMMATIVE ASSESSMENT

EISA COOK QUALIFICATION 30 NOVEMBER 2023

MARKS: 90

Pass Mark: 60%

TIME: 1h45 min

LEARNER DETAILS:

LEARNER NAME & SURNAME	
ID NUMBER	
EISA REGISTRATION NUMBER	
ASSESSMENT CENTRE	
ACCREDITATION NUMBER	
QUALIFICATION OCCUPATIONAL CERTIFICATE:	Occupational Certificate: Cook
COOK	
SAQA ID	102296
CREDITS	184
DATE OF EISA DD/MM/YYYY	30 November 2023
DURATION	1 Hour 45 Minutes
Total Marks	90

GENERAL EISA RULES

- 1. Learners are only allowed to use the supplied EISA booklets.
- 2. Learners are only allowed to use a black pen for their answers.
- 3. Learners to ensure that their name, surname and EISA registration number appears on the front of your EISA booklet.
- 4. This is a closed book examination; therefore, no other material or belongings are to be brought into the assessment centre. Should you bring any other material or belongings into the assessment centre, you will be required to leave such at the front of the assessment centre examination room. The assessment centre will not be held liable for any loss or damage to property brought into the assessment centre examination room.
- 5. All EISA booklets must be handed back to the invigilator intact. No pages may be torn off from the EISA booklet. The removal of EISA booklets from the examination room is prohibited.
- 6. Learners may make use of a calculator in this EISA.
- 7. Unless this is an online examination where access to a computer will be made available to you; the use of any communication devices, including smart watches, cell phones, tablets, i-Pads, headphones or laptops are prohibited.
- 8. All cell phones are to be switched off for the duration of the EISA.
- 9. The invigilator will not assist you with the explanation of questions related to the EISA.

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- 10. Learners are prohibited from conversing in any manner with other students.
- 11. Learners may not leave the examination venue within one hour of the start of the examination and in the last 10 minutes of the allotted examination period.
- 12. Learners who are found to be disruptive and unruly in the assessment centre will be requested to leave the assessment centre by the invigilator.

HEREB\	CONFIRM TI	HAT I HAVE READ	THE ABOVE EISA	A RULES AND	DECLARE THAT	ΓΙUNDERSTAND	AND
ΔССЕРТ	THE RILLES						

SIGNATURE OF LEARNER	

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LEARNER INSTRUCTIONS

- Learner must complete all questions in this EISA.
- Learner must ensure that they use only a black pen when completing this EISA.
- Learner must write their answers in the space provide.
- Learner must their choice of Multiple-Choice Answers with an x
- Should you require additional space to complete your answer, please request additional paper
 from your invigilator. Please ensure that you indicate your name, surname, and EISA registration
 number at the top of the additional paper. Also ensure that the question number is clearly
 marked on your additional paper.
- In some instances, please provide your answer in the provided spaced ONLY, e.g., Question 1.2, like in the case on Multiple Choice Questions, please provide answers in the provided spaces ONLY

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The following questions are based on these Exit Level Outcomes:

- ELO 1. Prepare for food production, associated areas, commodities, staff, and cooking environment
- ELO 5. Hygienically prepare and assemble food, and clean food preparation areas

Quest	ion 1.1.	
Ques	tion 1.1.1: Stock discrepancies	
1.1.1	1. Safety Stock is used for:	1 Mark
а	Emergency situations	
b	Stocking popular items	
С	Reducing ordering costs	
d	Inventory turnover analysis	
1.1.1	.2 Select one of the following documents that is used to formally request goods or se	rvices from a
supp	lier:	1 Mark
а	Purchase Order	
b	Sales Invoice	
С	Inventory Report	
d	Stock checklist	
1.1.1	.3 When receiving goods or services, select one of the below documents that can be	used to confirm
the r	eceipt and check for discrepancies:	1 Mark
а	Purchase Order	
b	Credit Note	
С	Delivery Note	
d	Order Slip	

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Given the Purchase Order and Delivery Note below, answer the questions that follow:

Purchase Order	No: 2842	Items Ordered	Order Quantity
The Restaurant	Date: 13/6	White sugar	2x 2.5kg
TO CLUBBLIER	DIDUEST FOODSEDVICE	Vanilla Essence	1 litre
TO SUPPLIER:	DIDVEST FOODSERVICE	Castor Sugar	4x 1kg
		Icing Sugar	2x 1kg
		Orange segments	4 tins
		Milk Chocolate	1 kg
		Dark chocolate	6x 1kg

Delivery Note No: 221 Date: 14/6

DIDVEST FOODSERVICE TO: The Restaurant

Items Ordered	Order Quantity	Expiry Dates recorded	Receiver Comments
White sugar	2x 2.5kg	Expiry date: 31/12	Packaging damaged
Vanilla Essence	1 litre	Expiry date: 31/05	In a glass bottle
Castor Sugar	4x 1kg	Expiry date: 31/12	
Icing Sugar	2x 1kg	Expiry date: 31/12	
White Chocolate	6x 1kg	Expiry date: 31/12	
Milk Chocolate	1 kg	Expiry date: 21/06	
Dark chocolate	5x 1kg	Expiry date: 30/09	

1.1.1.4. List a reason why the White Sugar is not accepted and returned:

1 Mark

ANSWER

1.1.1.5. List one reason why should the Milk Chocolate not be accepted and returned:

1 Mark

ANSWER

1.1.1.6 Give a reason why the Vanilla Essence should be decanted into a plastic bottle?

1 Mark

ANSWER

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1.1.2.1 Provide one example how to prevent cross-contamination with regards to cutting boards: 1 Mark ANSWER 1.1.2.2. Provide two examples of when food handlers should wash their hands during food preparation: 2 Marks ANSWER 1.1.2.3. Describe how to prevent cross-contamination within the workplace, including the proper use of cutting boards, utensils, and storage containers: 3 Marks ANSWER
1.1.2.2. Provide two examples of when food handlers should wash their hands during food preparation: 2 Marks ANSWER 1.1.2.3. Describe how to prevent cross-contamination within the workplace, including the proper use of cutting boards, utensils, and storage containers: 3 Marks
ANSWER 1.1.2.3. Describe how to prevent cross-contamination within the workplace, including the proper use of cutting boards, utensils, and storage containers: 3 Marks
ANSWER 1.1.2.3. Describe how to prevent cross-contamination within the workplace, including the proper use of cutting boards, utensils, and storage containers: 3 Marks
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cutting boards, utensils, and storage containers: 3 Marks
ANSWER

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Question.1.1.3: Workplace safety measures

Given a Kitchen that has poor workplace safety.

	Workplace Safety Report		
Item Findings			
Identified Hazards	Spillages		
	Frayed Cables		
	Chemicals stored in unlabelled containers		
Cleaning	Sanitiser not used properly		
	Mop used for bathrooms and kitchens		
	Rinse temperature incorrect		
Pest Control	Kickplates missing		
	Broken flyscreens		
Fire Fighting	Fire Blanket missing		
First Aid	Gloves missing		
	Plasters not blue		
PPE	No long-sleeve jackets		
	No long pants		

1.1.3.1. Explain why chemicals that are stored in incorrectly labelled containers are a hazard:	1 Mark

ANSWER

1.1.3.2. List a reason why having only one mop to use between the kitchen and the bathrooms is a problem:

1 Mark

ANSWER

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1.1.3.3	. Define w	hat a Cla	ss C Fire is and	describe	the process of exting	uishing it:	3 Marks
ANSW	ER						
							5 MARK
			and/or holding				
Given	a triage/tr	eezer tei			eet with some erron Temperature Log She		\neg
			Red Meat	Fish	Dairy	Fruit and Veg	_
	Date	Time	Freezer	Freezei		Refrigerator	
	20-Oct	10am	-18°C	-19°C	5°C	3°C	
	21-Oct	10am	-19°C	-18°C	4°C	3°C	_
	22-Oct	11am	-16°C	-19°C	5°C	6°C	_
	23-Oct	10am	-18°C	-23°C	4°C	5°C	
	24-Oct	11am	-17°C	-22°C	5°C	5°C	
	25-Oct	10am	-18°C	-21°C	4°C	4°C	
	26-Oct	9am	-18°C	-20°C	4°C	5°C	
	27-Oct	10am	-18°C	-21°C	5°C	6°C	
				·			·
1.1.4.1	Choose tl	he corre	ct temperature	that the	fish freezer must opt	imally be set at:	1 Mark
а	0°C						
b	-15°C	-15°C					
С	-17°C	-17°C					
d	-22°C						
							1
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contamination? a On the middle shelf b On the top shelf c On the bottom shelf d On the floor 1.1.4.3 Explain why nuts must be stored, in sealed containers, separately from all other products? 2 Marks ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	1.1.4	.2 Choose the correct shelf in the refrigerator to store carved slices of cold meats to prever	nt drip-
b On the top shelf c On the bottom shelf d On the floor 1.1.4.3 Explain why nuts must be stored, in sealed containers, separately from all other products? 2 Marks ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	conta	amination?	1 Mark
c On the bottom shelf d On the floor 1.1.4.3 Explain why nuts must be stored, in sealed containers, separately from all other products? 2 Marks ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	а	On the middle shelf	
d On the floor 1.1.4.3 Explain why nuts must be stored, in sealed containers, separately from all other products? 2 Marks ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	b	On the top shelf	
1.1.4.3 Explain why nuts must be stored, in sealed containers, separately from all other products? 2 Marks ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	С	On the bottom shelf	
ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	d	On the floor	
ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER			
ANSWER 1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER	1.1.4	.3 Explain why nuts must be stored, in sealed containers, separately from all other product	s?
1.1.4.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in ice crystals with a strong ammonia smell: 1 Mark ANSWER			2 Marks
crystals with a strong ammonia smell: ANSWER 1 Mark			
ANSWER	1.1.4	.4 Explain what steps you would take if you found frozen shellfish in the freezer, covered in	ı ice
	cryst	als with a strong ammonia smell:	1 Mark
	ANSV	VER	

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Question 1.2.

Question: 1.2.1 Mise-en-Place	
1.2.1.1 List 5 examples of how a mise en place list can make work easier for cooks in a kitchen: 5	marks
ANSWER	

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Study the recipe below and answer the questions that follow:

Starter: Vegetable Noodle Stir-fry

Main course: Sliced Pan-fried Peppered Ostrich Steak and Egg Fried Rice

Dessert: Chocolate Soufflé

Vegetable Noodle Stir-Fry

¼ Green pepper, julienne 2 Cloves Garlic, minced 1 small knob Ginger, minced

1 Tbsp. Sunflower Oil 1 Tbsp. Soya Sauce 1 Tbsp. Sweet Chilli Sauce

50g Instant Noodles (Ramen "2 minute" noodles)

Pour boiling water over the instant noodles placed in a bowl until softened. Drain.

Heat the oil in a suitable frying pan (or wok).

Add the onion, carrot, cabbage, green pepper, garlic, and ginger, and stir fry for 2 minutes.

Add the softened noodles and stir through the Soya Sauce and Sweet Chilli Sauce.

Pan-fried Peppered Ostrich Steak

1 Ostrich Steak 3 Tbsp. Oil 1 tsp Garlic, crushed

1 tsp Salt 1 tsp Black Pepper, crushed

Crush the garlic and oil together and allow to infuse.

Heat an empty frying pan over a high heat. Brush the steak with the garlic oil.

Season with the salt and pepper then cook too medium rare. Rest, then slice and serve.

Egg Fried Rice

100g White Rice 1 tsp Garlic 1 Spring Onion, chopped

2 Eggs 2 Tbsp. Sesame Oil 1 Tbsp. Rice Wine Vinegar

1 tsp Salt

Boil the White Rice until cooked. Set aside to cool.

Fry the rice and garlic in the Sunflower Oil.

Beat the eggs, sesame oil and salt together.

Pour the egg mixture into the pan and fold through the hot rice.

Finish with chopped Spring Onion.

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Chocolate Soufflé

Soufflé Base:

1 Tbsp. Flour 1 Tbsp. Castor Sugar ¼ tsp Corn Flour 1 whole Egg

2 Tbsp. Milk 2 tsp Cream 15g Dark Chocolate 2 tsp cocoa

Mix the flour, sugar, and cornflour. Beat the egg with half the flour mix to make a smooth paste.

Scald the milk and cream, add the chocolate, and beat until smooth.

Add the remaining flour mix to the egg mixture – pour over the chocolate mixture and mix well.

Return to a low heat and cook until thick. Allow to cool stirring occasionally with a whisk.

Ganache:

2 Tbsp. Cream 25g Chocolate 2 tsp Cocoa

Warm the cream in a pan, add the chocolate and melt. Slowly add the cocoa beating well.

Meringue

3 egg whites 40g castor sugar

Whisk the egg whites until stiff but not dry.

Gradually add the castor sugar beating well between each addition – beat until stiff and shiny

Once cooled, mix step 1 (base) with step 2 (ganache) – and gently fold through the whisked egg white merinque (Step 3).

Brush the soufflé dish or ramekins with melted butter – chill and apply a second coat.

Coat with grated dark chocolate. Pour in the soufflé mix and top with a little grated chocolate. Bake at 190°C for 15-17min or until just set and risen. Serve Immediately.

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${\bf 1.2.1.2}\ Complete\ the\ table\ below\ by\ filling\ in\ the\ missing\ steps\ in\ the\ preparation\ of\ the\ dishes\ above.$

5 Marks

DISHES	PREP ITEMS	Tasks	COOKING
Vegetable		Rehydrate	
Noodle Stir Fry	2. Veg Prep	Peel, Cut	
			Stir-Fry Veg and Noodles together. Add sauces and serve.
Pan-fried Peppered		Crush, Infuse	
Ostrich Steak			Brush, Season and Pan-Fry to medium rare and serve.
Egg-Fried Rice		Boil	
	2. Chop Spring onions	Chop	
	3. Beat Eggs, Sesame oil and salt	Beat	
			Fry the cooked rice. Add beaten eggs and fold through, garnish with spring onions and serve.
Chocolate		Mix	
Soufflé		Melt	
	3. Meringue	Whisk	
	4. Prepare the moulds	Brush and Coat	
			Mix and fill the moulds. Bake and serve.

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Ques	tion: 1.2.2. Scaling, Weighing, and Measuring	
1.2.2	.1. Choose the measuring utensil that is best used to measure 500ml of milk:	1 Mark
а	1/3 of measuring cup	
b	Tablespoon	
С	Measuring jug	
d	Teaspoon	
1.2.2	.2. Choose the measuring utensil that is best used to measure 10ml of salt:	1 Mark
а	Teaspoon	
b	Tablespoon	
С	scale	
d	½ teaspoon	
1.2.2	.3. Choose the measuring utensil that is best used to measure 500ml of Cake Flour:	1 Mark
а	Teaspoon	
b	Measuring Cup	
С	Tablespoon	
d	½ teaspoon	
Using	this recipe please answer the question below.	
Lasag	ne recipe (serves 6)	
1 tbs	p olive oil	
1 oni	on, diced	
1 car	rot, diced	
1 cel	1 celery stalk, diced	
2 garlic cloves, finely sliced		
250g beef mince		
250g	250g pork mince	
1 tbs	p tomato purée	
400g	400g tin chopped tomatoes	
200m	200ml beef stock	

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50g P	armesan, grated		
150g	grated mozzarella		
For th	ne white sauce:		
50g b	outter		
50g c	ake flour		
550m	nl milk		
1.2.2	.4. If the recipe is doubled, give the	quantities for the ingredients listed below.	3 Marks
	Old Quantity of Ingredient	New Quantity	
	400g tin chopped tomatoes		
	200ml beef stock		
	250ml red wine		
			6 MARKS
	. Food production systems (Cook se		
1.2.3	.1. Name the food production syster	m that requires the highest number of staff to be invo	
			1 Mark
ANSV	VER		
1 2 2	2 Name the food production system	a whore one reheats a socked Ham and Mushroom ni	o from
froze		n where one reheats a cooked Ham and Mushroom pi	1 Mark
ANSV			1 IVIAIR
AINSV	VER		
			2 MARKS

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250ml red wine

8 lasagne sheets

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1 tsp Worcestershire sauce

The following questions are based on this Exit Level Outcome:

ELO 2: Communicate with and assist other kitchen personnel.

Question 2.1.

Ques	Question 2.1.1: Fridge and freezer temperatures.		
2.1.1	2.1.1.1. Choose the correct temperature that the meat freezer must optimally be set at: 1 Ma		
а	0 ° C		
b	-10 ° C		
С	-18 ° C		
d	-22° C		

2.1.1.2. Identify the correct statement below that explains why it is important to record the refrigerator		
and f	and freezer temperatures in a food service establishment: 1 Mark	
a	To impress health inspectors during inspections	
b	b To provide data for the staff's annual performance reviews	
c To ensure food safety and compliance with food safety regulations		
d	To make the kitchen staff aware of temperatures	

2 MARKS

Question 2.1.2: Documenting stock levels

Examine the stock sheet below, and answer the following questions:

STOCK TAKE SHEET			
	Minimum Par level	Actual Quantity	Quantity
Food Item	Required in Stock	in Stock	on Order
Chicken fillets	100kg	78kg	20kg
Hamburger patties	100kg	100g	20kg
Sausages	50 ea	90 ea	0 ea
200g Fillet steaks	50 ea	45 ea	5 ea
Cake Flour	50kg	40kg	10kg

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2.1.2.1. Identify the item that has been under-ordered, and state how much was not received:	2 marks
ANSWER	
	2 MARKS
Question 2.1.3: Equipment and maintenance	
2.1.3.1. Explain the importance of preventive maintenance in equipment and tools found in the	kitchen:
	2 Marks
ANSWER	
	2 MARKS
Question 2.1.4 Teamwork	
2.1.4.1. Explain how teamwork can improve food safety in a kitchen:	2 Marks
ANSWER	
	2 MARKS

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Questi	on 2.1.5: Basic Ingredients	
2.1.5.1	List 2 quality factors/features that needs to be considered when checking a delivery	of dry
ingredi	ents:	2 Marks
ANSWE	ER	
2.1.5.2	. Describe one quality feature that suggest ripeness and good quality in a fruit:	1 Mark
ANSWE	ER .	
0.1.5.0		
	. When is the most cost-effective time to purchase vegetables for cooking?	1 Mark
a	In season	
b	Whenever you see them	
С	At night	
d	During winter	
2.1.5.4	. When buying tinned food, which of the following information must be checked:	1 Mark
а	Date of expiry	
b	Serving suggestion	
С	Ingredients list	
d	Methods of opening the tin	
2.1.5.5	. One of the reasons why certain cuts of meat are boiled or stewed is because	1 Mark
а	to keep them ready	
b	to improve the taste	
С	that is what we do to all ingredients	
d	to break down tough cuts of meat and make it tender	
		6 MARKS

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The following questions are based on these Exit Level Outcomes:

ELO 3: Prepare, cook, and assemble specific food items using the correct method and techniques to meet customer and organisational requirements.

ELO 5. Hygienically prepare and assemble food and clean food preparation areas.

Question 3.1.

Question 3.1.1: Preparation techniques	
3.1.1.1 Describe the purpose of a boning knife:	1 Mark
ANSWER	
3.1.1.2. Name an appropriate electrical piece of equipment that will assist a chef in the correct	
measurement of ingredients when preparing bread rolls:	1 Mark
ANSWER	
3.1.1.3 Name the method that describes the process of mixing fat and sugar together when prepa	ring
sponge cake:	1 Mark
ANSWER	
3.1.1.4 Plucking, singeing, and trussing are all techniques used in the preparation of which food ite	em?
	1 Mark
ANSWER	
	4 MARKS

Question 3.1.2: Cooking methods

3.1.2.1 If boiling Butternut Soup can be described as cooking Butternut in a lot of liquid at boiling point,in a pot with large bubbles visible. How would you describe simmering a Butternut Soup?1 Mark
ANSWER

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3.1.2.2 Explain the process of how to boil vegetables that grow underground:	1 Mark
ANSWER:	
3.1.2.3 Why is deep-frying referred to as a dry cooking method?	1 Mark
ANSWER:	
3.1.2.4 Describe the texture of a food item that has been cooked using a dry cooking method.	1 Mark
ANSWER	
	4 MARK
Oversting 2.4.2. Match in and in the with any provide and line matheda	
Question 3.1.3: Match ingredients with appropriate cooking methods	tha.a
3.1.3.1 Name the cooking method associated with the following foods: Cordon Bleu, Kiev, Croq	
Doughnuts, and Spring rolls:	1 Mark
ANSWER	
3.1.3.2. Explain why a chef will choose to boil or stew certain cuts of meats:	1 Mark
ANSWER	
3.1.3.3. Except for boiling, name one other cooking method can be used to cook a pasta dish: G	ive one
dish as an example:	2 Marks
ANSWER	
3.1.3.4. Explain why chicken nuggets should be fried:	1 Mark
ANSWER	

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Question 3.1.4: Cooking, re-heating, and holding temperatures			
3.1.4	.1 Specify the correct core temperatures for	the following, and name the tool you wo	uld use to
check the temperature:		4 Marks	
Cook	Cooking a Rib Roast:		
Rehe	ating Bolognaise Sauce:		
Hold	ng Roasted Chicken:		
Meas	suring Instrument:		
			4 MARKS
Ques	tion 3.1.5: Using and cleaning preparation o	and cooking utensils and equipment.	
3.1.5	.1. Select the most suitable tool for cleaning	the greasy grates of a grill:	1 Mark
а	A soft sponge		
b	A cloth rag		
С	A grill brush		
d	Paper towels		
3.1.5.2 After cutting raw chicken on a cutting board, what is the most effective method to clean the			clean the
board and prevent cross-contamination? 1 Mar		1 Mark	
а	a Wiping it with a dry cloth		
b	b Rinsing with cold water		
c Washing with soap and warm water, followed by sanitiser			
d	d Placing it directly in the freezer for 15 minutes		
215	2 Colort which of the following cleaning age	nts would be recommended for offective	ly romoving
	.3 Select which of the following cleaning age	nts would be recommended for effective	1 Mark
а	baked-on grease from an oven's interior:		
	Dish soap		_
b	Degreaser		
С	c All-purpose cleaner		
d	d Sanitiser		
Docur	nent Title		
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3.1.5	3.1.5.4 In a commercial kitchen, where should the cleaning logs be kept? 1 Mark		
а	In a drawer near the dishwasher		
b	Attached to the refrigerator door		
С	In a designated binder or on a digital system		
d	On the kitchen bulletin board		
			4 MARKS
Ques	tion 3.1.6: Dietary requirements		
3.1. 6	5.1 What does an ovo-lacto vegetarian diet in	clude?	1 Mark
а	Fish and shellfish		
b	Eggs and dairy products		
С	Meat, and poultry		
d	Pork		
3.1.6	.2 Which of the following best describes a Ha	alaal dietary law?	1 Mark
а	A diet that excludes all forms of meat and a	nimal products.	
b	A diet that focuses on raw, unprocessed foods.		
С	A diet that adheres to specific methods of slaughtering animals.		
d	A diet that emphasises plant-based foods with occasional consumption of fish.		
3.1.6	.3 Which group will not consume beef burge	rs?	1 Mark
а	Hindus		
b	Jews		
С	Christians		
d	Muslims		
3.1.6	3.1.6.4 Which of the following best describes a gluten-free diet? 1 Mark		
а	A diet that excludes all forms of carbohydrates.		
b	A diet that avoids the protein found in wheat, and rye.		
С	A diet that focuses exclusively on fruits and vegetables.		
d	A diet that eliminates all forms of dairy products.		
			4 MARKS
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Quest	ion 4.1.	
Ques	tion 4.1.1: Kitchen areas, staff roles, and responsibilities	
4.1.1	.1. Which of the following best describes the role of a "Sous Chef" in a kitchen?	1 Mark
а	Assists customers with menu choices and handles reservations.	
b	Primarily responsible for washing dishes and keeping the kitchen clean.	
С	Second in command after the Head/Executive Chef	
d	Manages the financial aspects of the kitchen, including budgeting and purchasing.	
4.1.1	.2 In the brigade system, which CDP is directly responsible for preparing sauces?	1 Mark
а	Rotisseur	
b	Saucier	
С	Patissier	
d	Poissonnier	
		2 MARKS
		2 MARKS
Ques	tion 4.1.2: Cleaning and sanitising methods	2 MARKS
	tion 4.1.2: Cleaning and sanitising methods 1 Define the term disinfecting:	2 MARKS
4.1.2	.1 Define the term disinfecting:	1 Mark
4.1.2 a	.1 Define the term disinfecting: The process of reducing bacteria to low and acceptable levels	1 Mark
4.1.2 a b	.1 Define the term disinfecting: The process of reducing bacteria to low and acceptable levels The process of using a sanitiser to remove soiling	1 Mark
4.1.2 a b	.1 Define the term disinfecting: The process of reducing bacteria to low and acceptable levels The process of using a sanitiser to remove soiling To avoid bacterial growth	1 Mark
4.1.2 a b c	.1 Define the term disinfecting: The process of reducing bacteria to low and acceptable levels The process of using a sanitiser to remove soiling To avoid bacterial growth	1 Mark
4.1.2 a b c	.1 Define the term disinfecting: The process of reducing bacteria to low and acceptable levels The process of using a sanitiser to remove soiling To avoid bacterial growth To remove tarnish on metals	1 Mark

2 MARKS

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Pre-cleaning, rinsing, post cleaning, drying

Pre-cleaning, detergent cleaning, drying, and sanitising

С

d

Question 4.2.

Ques	tion 4.2.1: Knives, utensils, and equipment	
4.2.4	1 What is the tourne knife used for?	1 Mark
а	Mixing eggs	
b	Turning vegetables into barrel cuts	
С	Cutting long thin strips	
d	Shredding leafy vegetables	
4.1.4	2 What is the primary purpose of a 'mandoline' in a kitchen?	1 Mark
а	Grinding up spices	
b	Mixing dry and wet ingredients	
С	Whipping heavy cream	
d	Slicing vegetables into thin, uniform slices	
		2 MARKS
Ques	tion 4.2.2: Storing, cleaning, and using knives	
4.2.2	1 List the correct procedures for cleaning knives:	3 Marks
ANSV	VER:	
4.2.2	.2 List the correct methods for storing knives not in use during service:	2 Marks
ANSV	VER	
		5 MARKS

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